

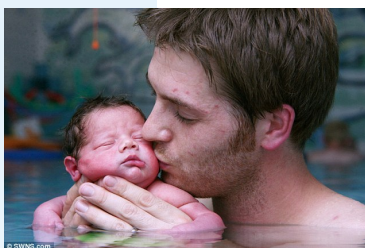
T E R M 2 2 0 1 5



Welcome

This is our very first newsletter! Feel free to let Stacy know if you have items of interest to share in our next one, or feedback on topics to include.

Newborn lessons



From Term 3, we will have a program for newborns to 6 months. Classes will be held in Mosman Park on Sunday mornings with dads or mums. All the details are on the website.

Children introduced to water early, show less fear and can get safer sooner.



Willetton

As of Term 3, lessons will run every afternoon Monday to Thursday. If you would like to switch to Tuesday lessons, let us know now as preference will be given to existing clients.

Tuesday Draft timetable subject to demand:

3.30 pm	Stage 3 / 4 / 5	4.30 pm	Stage 1 / 2
4/00 pm	Stage 1 / 2	5.00 pm	Stage 1 / 2

Mosman Park

Undoubtedly one of the warmest pools in Perth! Rocky Bay is going to be a great place to be this winter ☺ There will be an extra lesson for anyone who can make it on Saturday 11th July as a make-up for the first cancelled weekend. Credits will be processed for everyone for the second cancelled weekend.

End of Term 2

Please let us know if your child will miss the last lesson of the term:

- Children 3 years and older and all survival swim graduates will do a winter clothes test in the last lesson. If this is not appropriate for your child, Wendy or Stacy will let you know.
- Certificates for Stages 1 – 5 will be handed out at the last lesson. (Assessments are on-going throughout the year and children will be progressed when they are ready, not necessarily on a term-by-term basis.)

Cold and Flu Season

Please make sure children are dry and warm when they leave their swim centre this winter. Hair should be towel-dried as much as possible and hats or beanies are a good idea too.

Your child can continue lessons if they have a mild cold or sniffle, as long as there is no fever 38 degrees or higher, or if they are particularly miserable.



Referral Program

- ✓ Refer a Survival Swim child and claim your free lesson when that child graduates
- ✓ Refer a Swim School student – many families have already referred friends and family, please let Stacy know who you have referred so we can credit your account with a free lesson 😊

Term 3 Dates

- Tuesday 21st July to Thursday 24th September
- Enrolments will open 1st June to existing clients and to waitlisted students on 8th June.
- Payment will be due by 7th June to secure your spots

Competition Time!

Have you entered our competition for swimming lesson vouchers?



Tell us about your child's swimming progress with Waterwise Swim School (max. 200 words) to be entered into a prize draw.
Feel free to include photos or video clips with your entries.

Winners will be drawn on June 30 2015, with Waterwise vouchers to be won.

1st prize - \$250 voucher

2nd prize - \$150 voucher

3rd prize - \$50 voucher

Email entries to plumepr@outlook.com



Aquatic Exercise Class
for During and After Pregnancy



TUESDAY EVENINGS 6PM -7PM
AT ROCKY BAY, 60 MCCABE STREET MOSMAN PARK
PRE BOOKING IS ESSENTIAL
CALL 9381 7940

Exercising in the water is an ideal way to keep fit during pregnancy and for recovery after birth:

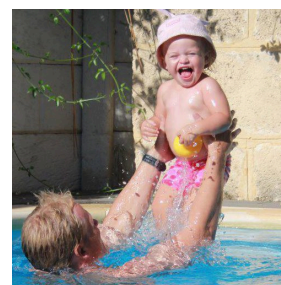
- Buoyancy of the water reduces stress on the pelvic floor and joints
- Assists in reducing pelvic and back pain

Pregnant women will require a letter stating they are fit to exercise from their Obstetrician or GP.

Excellence in diagnosis and management



Like Waterwise on Facebook to follow posts and updates on the swim school and drowning prevention.



*LAUGH * LOVE * SWIM WENDY & STACY*